
BBC LEARNING ENGLISH

Authentic Real English 地道英语

Carbon footprint 碳足迹



- 关于台词的备注:
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Neil

Welcome back, Feifei! Good holiday?

Feifei

The best, Neil! We flew to Mexico, then up to California, and then drove all the way across the States from LA to New York.

Neil

Incredible! All in one week?

Feifei

Yes. It's just that...

Neil

What?

Feifei

I can't help thinking... all that travelling can't be great for the environment.

Neil

I know. You must have a pretty big carbon footprint right now.

Feifei

Enormous.

Neil

Let's take a moment to explain this phrase 'carbon footprint'. Then plan what to do about it.

Feifei

好的，我们借机来了解一下什么是“carbon footprint”碳足迹。众所周知，二氧化碳“carbon dioxide”是一种导致气候变化的气体—— a gas that contributes to climate change.

Neil

And your 'carbon footprint' is the amount of carbon dioxide you produce through your activities – things like how much electricity you use...

Feifei

How much oil and gas you use...

Neil

What you eat is another factor. And of course your trips by car, plane and so on.

Feifei

总的来说，“carbon footprint”指的就是一个人在各类日常活动过程中所引起的温室气体排放的集合。比如，日常用电、用油、用气，或是搭乘交通运输出行过程中所产生的碳耗量。碳耗量越多，碳足迹就越大。If you take a lot of flights, then you have a large carbon footprint! Like me.

Neil

And me. And the people in these examples.

Examples

I used the air conditioning non-stop all summer. My carbon footprint must be huge.

Martina has the highest carbon footprint of all her colleagues. She drives everywhere, flies every weekend, and eats nothing but red meat.

I downloaded an app to calculate my carbon footprint. The results are pretty shocking.

Feifei

这里是 BBC 英语教学的“地道英语”节目。上面，我们给大家举例讲解了对“carbon footprint”碳足迹的定义。And Neil, I have a plan. It's time to reduce my footprint.

Neil

Great. That's the verb we normally use: reduce. We talk about reducing our carbon footprint, by changing the way we live. So, what's the plan?

Feifei

我打算开始骑自行车来上班。冬天也要少开暖气。我还买了这双鞋……

Neil

Great. But, shoes?

Feifei

They're made of recycled plastic. Fantastic, aren't they?

Neil

Well, that's one way to reduce your footprint!

Feifei

I even brought you a pair – a little present from my trip to LA.

Neil

You're so kind. I can wear them when I'm in Tokyo this weekend. Paris next week. Oh, and Iceland tomorrow. Only kidding!

Feifei

Yes, I want to hear your plan to reduce your carbon footprint, Neil!

Neil

Bye.

Feifei

Bye!