

Plastic footprint “塑料足迹”

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Feifei

欢迎收听 BBC 英语教学的“地道英语”。大家好，我是冯菲菲。

Roy

And I'm the new, improved Roy.

Feifei

Wow, Roy – you look really different – why are you wearing a suit?

Roy

Well, I decided to give some of my old clothes away to charity and start wearing my suit and tie and cut my hair short. Also, I'm wearing these shoes that have a metal sole to reduce my plastic footprint.

Feifei

不过，你知道“plastic footprint”和你穿什么鞋是没有关系的，对吧？“Plastic footprint”指的是“人们在日常生活中所使用的塑料制品数量”。

Roy

Yep, and I'm very aware of the amount of plastic I use. In fact, I get really angry when I receive or buy something that uses unnecessary plastic packaging.

Feifei

Roy, I've never heard you get angry before. 我很佩服你对减少塑料垃圾数量的重视！ I'm impressed you care about your plastic footprint.

Roy

Well, I only get upset when it relates to the future of the planet – a planet my son and his children will inherit. Let's listen to these examples.

Examples

I've tried to avoid buying things that use too much plastic packaging because I'm very aware of my plastic footprint.

The shop has started using paper bags to reduce its plastic footprint.

First it was carbon, now it's our plastic footprint we have to reduce. I have to read more about it.

Feifei

你正在收听的是 BBC 英语教学的“地道英语”节目。我们正在给大家介绍“plastic footprint”的意思和用法。“Plastic footprint”指的是“人们在日常生活中所使用的塑料制品数量”，它被简称为“塑料足迹”。Roy, how are you reducing your plastic footprint?

Roy

Well, first of all, whenever I buy a coffee, I use a reusable coffee cup. Also, when you buy things, do you use single-use plastic bags?

Feifei

No, I don't. I have reusable bags that are made of cloth rather than plastic. What else can be done?

Roy

Well, bringing your own bottle to drink water can help, and also avoiding plastic cutlery. I always take my cutlery from home. Do you drink a lot of tea?

Feifei

Yes, I do. Why?

Roy

Well, you should always make sure that the teabags you use are biodegradable if you want to reduce your plastic footprint.

Feifei

I didn't know that! Well, speaking of tea, do you want a cup?

Roy

I'd love one.

Feifei

Me too. Now go and make me one while I do some work. Bye, Roy.

Roy

OK, Feifei. Bye!