

词汇：food 食物

While giant sharks are more common sea monsters in films, **jellyfish** also pose a major threat in real life – with some able to kill people with their stings. And the potential danger they cause doesn't stop there, with reports of them attacking **salmon** farms, shutting down power stations and incapacitating warships. There are even some scientists in Australia researching whether box jellyfish could ultimately destroy our oceans – so could **devouring** them be a possible solution?

The huge number of jellyfish in our oceans means that if we did start eating them, there is already a large supply of these potential **morsels** to be **dined on**. Also, some people argue that due to their reproductive cycle, jellyfish are actually a **sustainable food source**. Removing a jellyfish from the ocean doesn't stop new ones being born. This is because they are spawned from polyps on the seabed. In some ways, you can compare them to apples. When you take an apple from a tree, the tree still goes on to produce more apples.

What about their **nutritional value**? Jellyfish contain 36 **calories** per ounce, which puts it on a par with **iceberg lettuce**. However, unlike lettuce, it is full of **protein**, making it potentially a great **diet food**. And indeed, in many parts of the world, particularly in Asia, they are already **consumed**, often **raw**, **fried** or **chopped up** as part of a **salad**. The demand for these animals, combined with their numbers, means that selling jellyfish is becoming an ever more lucrative business.

But what do they taste like? While some say they are **flavourless**, others describe them as having a **salty** taste. This could be due to their absorbent nature, which also leads them to being often served in a **sauce**. As for the **texture**, some people negatively compare the experience to eating **gristle**.

So, the next time you fancy **chowing down** on some fish, you might look at jellyfish as a sustainable alternative. They might not be the tastiest thing you've ever eaten, but it beats fleeing the sea to avoid being stung.

## 词汇表

<b>jellyfish</b>	水母, 海蜇
<b>salmon</b>	三文鱼, 鲑鱼
<b>devour</b>	吞食
<b>morsel</b>	少量食物
<b>dine on</b>	吃, 食用
<b>sustainable food source</b>	可持续的食物来源
<b>nutritional value</b>	营养价值
<b>calorie</b>	卡路里 (热量单位)
<b>iceberg lettuce</b>	冰山生菜, 结球生菜
<b>protein</b>	蛋白质
<b>diet food</b>	减肥食品
<b>consume</b>	(大量地) 吃, 喝
<b>raw</b>	生的 (食物)
<b>fried</b>	油炒的
<b>chop up</b>	切成小块
<b>salad</b>	沙拉
<b>flavourless</b>	无味的
<b>salty</b>	咸的
<b>sauce</b>	调味酱汁
<b>texture</b>	口感
<b>gristle</b>	软骨
<b>chow down</b>	大快朵颐

## 测验与练习

### 1. 阅读课文并回答问题。

1. Along with potentially killing humans, what other threats do jellyfish pose?
2. Why are jellyfish potentially sustainable?
3. Why are jellyfish a possible healthy food?
4. True or false? *These animals are a popular food all over the world.*
5. What are the negative things related to the experience of eating jellyfish mentioned in the article?

### 2. 选择意思恰当的单词或词组来完成下列句子。

1. You need to \_\_\_\_\_ the onions before adding them to the curry.

chops up	chopped up	chop up	chopping up
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2. Last night, Derek \_\_\_\_\_ on four pizzas! He needs to cut down.

chowed down	chows down	chow down	chowing down
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3. He \_\_\_\_\_ too many calories for his height, and he is at risk of becoming obese.

consumption	consuming	consumes	consume
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4. This tastes amazing but has little \_\_\_\_\_.

flavourless	nutritional value	raw	devouring
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5. We \_\_\_\_\_ salad for a whole week to lose weight.

diet food	dined on	devour	fried
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## 答案

### 1. 阅读课文并回答问题。

1. Along with potentially killing humans, what other threats do jellyfish pose?

**They have caused death with their stings, attacked salmon farms, shut down power stations and incapacitated warships**

2. Why are jellyfish potentially sustainable?

**Because removing a jellyfish from the ocean doesn't stop new ones being born, as they are spawned from polyps on the seabed.**

3. Why are jellyfish a possible healthy food?

**They are a possible diet food because they have lots of protein and only 36 calories per ounce.**

4. True or false? *These animals are a popular food all over the world.*

**False. At the moment, it seems that only in Asia have some countries fully embraced this food source.**

5. What are the negative things related to the experience of eating jellyfish mentioned in the article?

**Some people compare them to eating gristle while others say they're flavourless.**

### 2. 选择意思恰当的单词或词组来完成下列句子。

1. You need to **chop up** the onions before adding them to the curry.

2. Last night, Derek **chowed down** on four pizzas! He needs to cut down.

3. He **consumes** too many calories for his height, and he is at risk of becoming obese.

4. This tastes amazing but has little **nutritional value**.

5. We **dined on** salad for a whole week to lose weight.