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# BBC LEARNING ENGLISH

## Media English 媒體英語

### Stonehenge builders' diets

### 建造巨石陣的古人也吃甜食？

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英格蘭遺產委員會（English Heritage）發現，巨石陣當年的建造者吃過甜食，包括採來的水果和堅果。

Researchers already knew that the builders of the **monument**, which dates back to 2,500 BC, had eaten pork, beef and dairy.

巨石陣的歷史可追溯到西元前 2500 年，研究人員已知當時建造這處遺跡的人吃過豬肉、牛肉和乳製品。

But this is the first time that **excavations** at Durrington Walls have shown that they also gathered and cooked **hazelnuts** and fruit, such as **sloe berries** and **crab apples**.

然而，德靈頓垣牆的挖掘工作第一次顯示，建造者還採集並烹製了榛子和黑刺李莓果、酸蘋果等水果。

Researchers believe that the **charred** plant remains suggest recipes may have been followed. They say treats, such as an early version of the **mince pie**, could have been cooked using a flat stone or **ceramic pot**, heated in the **embers** of a fire.

研究人員認為，燒焦的植物殘渣表明這些食物有可能是按照菜譜製作的。他們指出，建造者吃過一種聖誕百果餡餅的早期版本，這類甜食可能是用扁平的石頭或陶器在餘燼中加熱烤制而成的。

## 1. 詞彙表

|              |          |
|--------------|----------|
| monument     | 歷史遺跡     |
| excavations  | 挖掘工作     |
| hazelnuts    | 榛子       |
| sloe berries | 黑刺李莓果    |
| crab apples  | 酸蘋果，沙果   |
| charred      | 烤焦的      |
| mince pie    | 聖誕百果餡餅   |
| ceramic pot  | 陶器，陶碗    |
| embers       | 餘火，未燼的木塊 |

## 2. 閱讀理解：請在讀完上文後，回答下列問題。（答案見下頁）

1. How old is Stonehenge?
2. True or false? *Researchers recently learnt that the builders of Stonehenge had eaten pork, beef and dairy.*
3. What did the latest excavations at Durrington Walls show for the first time that builders of Stonehenge had eaten?
4. How do they believe the treats were cooked?

## 3. 答案

1. How old is Stonehenge?

**Stonehenge dates back to 2,500 BC.**

2. True or false? *Researchers recently learnt that the builders of Stonehenge*

*had eaten pork, beef and dairy.*

**False. Researchers already knew that the builders of the monument had eaten pork, beef and dairy.**

3. What did the latest excavations at Durrington Walls show for the first time that builders of Stonehenge had eaten?

**Hazelnuts and fruit, such as sloe berries and crab apples.**

4. How do they believe the treats were cooked?

**They could have been cooked using a flat stone or ceramic pot, heated in the embers of a fire.**