
BBC LEARNING ENGLISH

Take Away English 隨身英語



Why camping can be so much fun 露營度假樂趣多

詞彙 : *camping* 露營

When you go on holiday, where do you like to stay? Do you like the luxury of a **five-star** hotel, the convenience of a **self-catering** apartment or do you prefer the freedom of sleeping **under canvas**? If you haven't tried the latter, maybe you should join the increasing number of people who are enjoying the simple pleasures of **camping**.

By grabbing your **tent**, and some additional **accessories**, it's easy to head off to the countryside and enjoy a night or two **under the stars**. Many **campers** are **ditching** the trappings of their modern, hectic life to do this, encouraged by experts who say a few peaceful nights in **the middle of nowhere** might be a good way to unwind and improve our sleep patterns and well-being. It is also, of course, a good **low-budget** holiday option.

For the **adventurous**, **wild camping** is the ultimate escape from reality. Armed with just some food and a **sleeping bag**, you're free from rules, away from other people, and able to enjoy the **back-to-basics** experience. One wild camper, Phoebe Smith, told the BBC: "The act of sleeping when everybody else has gone home – when you notice the wildlife and the stars – is one of the best things in life."

But for those who still want some **home comforts**, a **campsite** is a more suitable place to **pitch** your tent. Here you have **facilities** such as washrooms, a shop and maybe even a restaurant. And for the most luxurious camping experience, you could try **glamping**. In the UK, camping – and **caravanning** – has always been popular. One survey by Visit Britain found around 4.38 million people go camping in Britain every year.

More recently, sales of camping gear have jumped as more people have opted for a **staycation** within the UK due to travel restrictions caused by the coronavirus pandemic. One camping retailer, Halfords, reported a surge in demand for products such as **stoves**, **cool boxes** and **camping chairs**. With the addition of **inflatable mattresses** and pillows, powerful **torches** and lamps to light up your tent and a better selection of easy-to-cook food, you can almost guarantee a comfortable and enjoyable camping expedition. The only thing you can't guarantee, in the UK at least, is good weather! So maybe it's time to **slum it** and give camping a try.

詞彙表

five-star	五星級的
self-catering	自理膳食的
under canvas	(睡) 在帳篷裡
camping	露營
tent	帳篷
accessories	配件
under the stars	在星空下，在野外
camper	露營者
ditch	擺脫，拋棄
the middle of nowhere	荒郊野嶺，人跡罕至的地方
low-budget	開銷少的，低預算的
adventurous	勇於冒險的
wild camping	野營
sleeping bag	睡袋
back-to-basics	返璞歸真的
home comfort	家一般的舒適
campsite	度假營地，宿營地
pitch	搭(帳篷)
facilities	設施
glamping	豪華露營，舒適露營
caravanning	駕宿營車度假
staycation	“宅”度假，居家度假 (不出遠門，在家附近度假)
stove	爐子
cool box	(用於保存食物、飲料等的) 冷箱

camping chair

野營椅

inflatable mattress

充氣床墊

torch

手電筒

slum it

簡樸點，將就點

測驗與練習

1. 閱讀課文並回答問題。

1. According to some experts, why can camping be good for you?
2. What is described in the article as a 'back-to-basics' experience?
3. Where might you get washrooms and a restaurant when you are camping?
4. What can't be guaranteed when camping in the UK?
5. True or false? *There's been an increase in demand for camping chairs.*

2. 選擇意思恰當的單詞或片語來完成下列句子。

1. We're _____ our car and using public transport from now on.

pitching	ditching	camping	slumming it
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2. We decided to fly with a _____ airline but regretted it when the flight was cancelled.

lowly-budget	lower-budget	low-budget	lowest-budget
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3. We're quite _____ so we jumped at the chance to hike up the mountain.

adventurous	adventurers	adventure	adventuring
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4. We loved the hotel because it had great _____.

accessories	five-star	facilities	camping
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5. On our road trip to France, we had to _____ by travelling in the back of a van.

slumming it	slummed it	slum at	slum it
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答案

1. 閱讀課文並回答問題。

1. According to some experts, why can camping be good for you?

Some experts say a few peaceful nights in the middle of nowhere might be a good way to unwind and improve our sleep patterns and well-being.

2. What is described in the article as a 'back-to-basics' experience?

Wild camping can be considered a 'back-to-basics' experience.

3. Where might you get washrooms and a restaurant when you are camping?

These are the facilities you might find at a campsite.

4. What can't be guaranteed when camping in the UK?

You can't guarantee good weather when camping in the UK.

5. True or false? *There's been an increase in demand for camping chairs.*

True. Camping retailer Halfords reported a surge – an increase – in demand for products such as stoves, cool boxes and camping chairs.

2. 選擇意思恰當的單詞或片語來完成下列句子。

1. We're **ditching** our car and using public transport from now on.

2. We decided to fly with a **low-budget** airline but regretted it when the flight was cancelled.

3. We're quite **adventurous** so we jumped at the chance to hike up the mountain.

4. We loved the hotel because it had great **facilities**.

5. On our road trip to France, we had to **slum it** by travelling in the back of a van.