

Boots made for men an injury risk to women footballers 女球員穿為男性設計的球鞋更易受傷

體育科學家們發表文章強調，目前市場上缺乏專為女性設計的足球裝備，他們說，使用專為男球員設計的球鞋和足球可能會增加女球員受傷的風險。

The **profile** and popularity of women's football has **soared** in recent years. But most products are still **predominantly** designed for men. This even includes football boots.

近年來，女子足球的受關注程度和人氣都大幅上升，但大多數足球產品仍主要為男性設計，其中還包括足球靴。

Women's feet are not the same shape as men's – they also move differently on the pitch – so wearing boots designed for men makes **blisters, stress fractures** and **injuries** more likely.

女性的腳和男性的腳的形狀不一樣，其次，女球員在場上的移動方式也不一樣。因此，讓女性穿專為男性設計的球鞋更易導致腳起水泡、應力性骨折和受傷。

But the authors **acknowledge** there has been progress, and it's hoped many of the major manufacturers will develop boots specifically for women for the World Cup next year.

但文章作者們承認，缺乏為女球員專門設計的裝備的現象已經得到了一定的改善，同時，他們希望大型球鞋製造商能為參加明年女足世界盃的女球員專門設計球鞋。

1. 字彙表

profile	受（公眾）關注度，知名度
soared	飆升，猛增
predominantly	主要地，占絕大多數地
blisters	水泡
stress fractures	應力性骨折
injuries	受傷，損傷
acknowledge	承認

2. 閱讀理解：請在讀完上文後，回答下列問題。（答案見下頁）

1. Who are most football boots designed for?
2. Why is wearing men's football boots difficult for women footballers?
3. By when do scientists hope mainstream manufacturers will develop football boots specifically for women?
4. What is more likely to happen to women's feet after wearing men's football boots?

3. 答案

1. Who are most football boots designed for?

Most football products are still predominantly designed for men. This even includes football boots.

2. Why is wearing men's football boots difficult for women footballers?

Because women's feet are not the same shape as men's. They also move differently on the pitch.

3. By when do scientists hope mainstream manufacturers will develop football boots specifically for women?

It's hoped many of the major manufacturers will develop boots specifically for women for the World Cup next year.

4. What is more likely to happen to women's feet after wearing men's football boots?

Wearing boots designed for men makes blisters, stress fractures and injuries more likely.